



The Stockholm Guidebook for Diplomats 2011



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Dear new members of the diplomatic community of Stockholm



It is with great pleasure that I welcome you to Sweden, our capital city and its beautiful surroundings. With more than 100 missions resident here and many of the embassies also accredited to other countries in Scandinavia or across the Baltic Sea, Stockholm is a large diplomatic capital in the world. In its role as a link with Estonia, Latvia, Lithuania and Poland as well as Russia and in particular St Petersburg Stockholm has resumed a historical tradition with roots in the Middle Ages. Furthermore as an important venue for international conferences and meetings it offers great opportunities for new contacts and exchange of ideas.

It won't take long to discover that the county of Stockholm provides a wonderful setting as a place to visit, work and live in. The medieval city centre is virtually intact. The whole city was built on islands which gives open space and clear views and enhances the impression of our monumental buildings, palaces, parks and gardens. The water is unusually clean for a thriving capital region and gives access to our unique archipelago with its thousands of islands. Places of particular interest to visit during your stay are the Drottningholm Palace, the Skogskyrkogården (Woodland) cemetery and the Viking village of Birka which are all on the UNESCO World Heritage list.

A number of great innovations have emerged from the Stockholm Region. World-class research is carried out in many fields. We are investing heavily in advanced knowledge, especially in ICT and life science. Culture and entertainment are well provided for. We are lucky to have more concert halls, operas and theatres than most other cities of this size and restaurants that cater for all tastes from honest home-cooking to Michelin-star luxury. Compared to other capitals, Stockholm is safe and combines a modern, urban and multicultural lifestyle with a small-town atmosphere.

With its combination of historical culture, natural beauty and modern design, advanced research and development and state of the art technology Stockholm is indeed a city for all seasons. I am sure this guidebook will help you find your way around.

I wish you all the best for your stay in Stockholm.

A handwritten signature in black ink, which appears to read 'Per Unckel'. The signature is fluid and cursive.

Per Unckel, County Governor



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Facts about Stockholm

Stockholm is the capital of Sweden, established in 1252 by Birger Jarl. The city houses Swedish Government, the Parliament and the official residence of the Swedish Monarch.

Population: 843 139.

Inhabitants 65 years or older: 14%.

Inhabitants 0-15 years old: 17%.

Inhabitants with foreign background: 28%.

Average life expectancy: Women 82,7 years, men 78,1 years.

Population density, number of inhabitants per sq km of land: 4 309.

Land area: 188 sq km, of which 40% is parks and green spaces.

Tallest buildings: Kista Science Tower 158 metres, The Kaknäs Tower (Kaknästornet) 155 metres, Klara Church (Klara Kyrka) 116 metres, The City Hall (Stadshuset) 106 metres.

The oldest buildings in the city: the Great Church (Storkyrkan) and the Riddarholm Church (Riddarholmskyrkan) from the end of 13th century.

Stockholm is one of the most crowded museum-cities in the world, with around 100 museums.

The city's subway is known as the world's longest art gallery, with the majority of its stations being adorned with paintings, sculptures and mosaics.

www.stockholm.se

www.visitstockholm.se



Photo: Nicho Södling – Stockholm Visitors Board

Welcome to Stockholm – one of the most beautiful capitals in the world. Built on 14 islands around one of Europe’s largest and best preserved medieval city centres, the Swedish capital is superbly positioned, with stunning and extremely varied scenery in every direction. Each of Stockholm’s six inner-city districts has its own charm and characteristic atmosphere. All of the districts are very attractive living areas with public transport close at hand. Here follows a brief tour through the various districts.

Welcome to Stockholm



Hamngatan at Christmas time. Photo: SBR – Stockholm Visitors Board

City/Norrmalm

City/Norrmalm are really only areas for business and shops. Few people live in the area compared to the other districts of the city. The most eye-catching street life in City and Norrmalm is centred around Drottninggatan, Kungsgatan and Hötorget. Drottninggatan’s many small shops and large department stores guarantee an almost endless shopping spree. At Hötorget vegetable and flower vendors gather to haggle prices for the day’s fresh goods, which are often very favourable to customers.



Shopping at a local deli. Photo: Nicho Södling – Stockholm Visitors Board

Östermalm

Östermalm is often described as the city's most fashionable district with an abundance of large luxury apartments, the most exclusive of which are found along Strandvägen, plus shopping streets around Stureplan and Östermalmstorg. The Royal Dramatic Theatre (Dramaten) and a host of luxury restaurants and design shops further contribute to the area's fashionable status. One of the city's oldest and most beautiful market halls, Östermalms Saluhall, is located on Östermalmstorg – in the heart of this district.

Djurgården

Djurgården is Sweden's most beloved amusement and recreation area. It includes more than 20 of Stockholm's finest attractions with entertainment, museums, restaurants and outdoor activities. The most famous attractions are Skansen – the first open-air museum in the world, Gröna Lunds Tivoli – an amusement park, Vasa Museum – the best-preserved 17th century ship in the world, and Junibacken – an interactive storybook building where children young and old can travel through the world of author Astrid Lindgren.



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Danderyd, Ryttarvägen 4
Tel: 08-477 25 00



Mercedes-Benz

Mercedes-Benz Stockholm

www.mercedes-benz.se



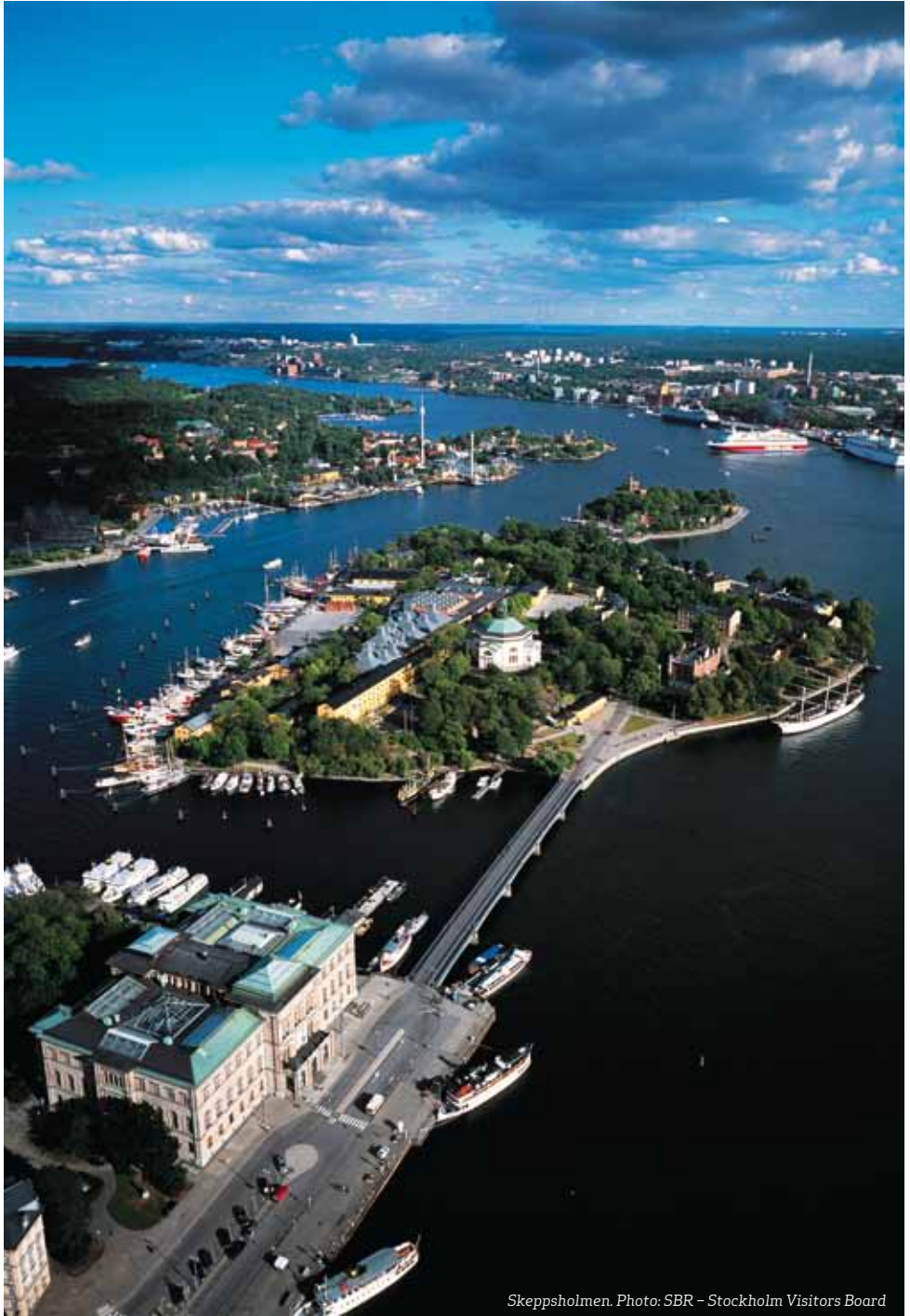
The City Hall. Photo: Mikael Damkier

Vasastan

Vasastan is a lively neighbourhood with charming architecture and many trendy pubs. This is a hot neighbourhood for careerists and celebrities to set up in business. Vasaparken is a popular place for boule players, picnickers and families to get together and relax in during the summer. Vasastan offers some interesting sights as The City Library (Stadsbiblioteket), The Observatory (Observatorielunden) and Gustav Vasa Church. The Strindberg Museum is also located here. This is where the Swedish author August Strindberg spent the last four years of his life.

Kungsholmen

Take a walk along the waterline that surrounds this district, the views are breathtaking. You can see wonderful buildings, stroll through beautiful parks and, of course, you must visit one of Stockholm's most important landmarks, The City Hall (Stadshuset). Don't forget to explore the areas around the central part of Fridhemsplan, Kungsholmstorg and all of its small streets and alleys. Kungsholmen offers a diverse choice of shopping venues, from Västermalmsgallerian to smaller specialist shops along Hantverksgatan.



Skeppsholmen. Photo: SBR - Stockholm Visitors Board



There is cafés and pubs in every corner. Photo: Nicho Södling – Stockholm Visitors Board

Södermalm

Södermalm is known as Stockholm's most bohemian area. Here you can find the good bits of everything that is not mainstream when it comes to restaurants and shopping. The whole length of Götgatan is renowned for its large number of pubs. Medborgarplatsen is another place full of life in the summer, with lots of outdoor cafés and restaurants, the market hall and movie theatres that encircle the square make it folksy and festive. Here is where everyone gathers to enjoy the warm summer evenings.

More than meets the eye...

Stockholm offers much more than just city districts. There are lots of charming small towns and attractions outside Stockholm that are well worth a visit. Take a trip to Stockholm's world-famous archipelago, either on a daytrip or overnight. The journey is an attraction in itself. It's easy to venture out into the archipelago in the typical white ferry boats that depart from the city centre. They traffic most of the larger islands with several daily departures during summer. For more information about the archipelago, see page 36.

Futura skolan

www.futuraskolan.se

*Futuraskolan are opening a new International school in Stockholm August 2011
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The Old Town has a lot to offer. Photo: Yanan Li - Stockholm Visitors Board

The Old Town (Gamla Stan) is one of the largest and best preserved medieval city centres in Europe, and one of the foremost attractions in Stockholm. This is where Stockholm was founded in 1252.

Text: Stockholm Visitors Board

The Old Town

All of the Old Town and the adjacent island of Riddarholmen are like a living pedestrian-friendly museum full of sights, attractions, restaurants, cafés, bars and places to shop. Gamla Stan is also popular with aficionados of handicrafts, curios and souvenirs. The narrow winding cobblestone streets, with their buildings in so many different shades of gold, give the Old Town its unique character. Even now cellar vaults and frescoes from the Middle Ages can be found behind the visible facades, and on snowy winter days the district feels like something from a story book.

There are several beautiful churches and museums in the Old Town, including Sweden's national cathedral Stockholm Cathedral and the Nobel Museum. The largest of the attractions in the district is The Royal Palace, one of the largest palaces in the world with over 600 rooms. In addition to the reception rooms, there are several interesting museums in the palace, including the Royal Armoury, with royal costumes and armour. Don't miss the parade of soldiers and the daily changing of the guard.



Photo: Preben Kristensen – Stockholm Visitors Board

Västerlånggatan and Österlånggatan are the district's main streets. The city wall that once surrounded the city ran inside these streets along what is now Prästgatan. In the middle of the Old Town is Stortorget, the oldest square in Stockholm. Stortorget is the central point from which runs Köpmangatan, the oldest street in Stockholm, which was mentioned as early as the fourteenth century. Märten Trotzigs gränd (Märten Trotzigs alley) is hard to find. It's the narrowest alley in the Old Town, only 90 centimetres wide at its narrowest point. Make sure not to miss Riddarholmen and the Riddarholmen Church. The church is a royal burial church, and was built as a Franciscan monastery for the so-called Grey Brother monks in the thirteenth century.



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Old Town, Västerlånggatan 40, tel. 08-411 17 10
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Facts about Sweden

Population: 9.4 million.

Average life expectancy: Women 83 years, men 79 years.

Languages: Swedish, Sami (Lapp), Finnish, Meänkieli (Tornedalen Finnish), Yiddish, Romany.

Size: 450,000 sq km.

Forests: 53 %.

Mountains: 11 %.

Lakes and rivers: 9 %.

Cultivated land: 8 %.

Largest lake: Vänern, 5,585 sq km.

Highest mountain: Kebnekaise, 2,103 metres above sea level.

Religion: 82% belong to the Evangelical Lutheran Church of Sweden.

Currency: One krona (SEK) equals 100 öre.

National day: June 6th.

Main exports: Machinery, electronics and telecommunication, paper, pharmaceuticals, petroleum products, iron and steel, and foodstuffs.

Main imports: Electronics and telecommunication, machinery, foodstuffs, crude oil, textiles and footwear, chemicals, pharmaceuticals and petroleum products.

The Royal Family

Sweden is a constitutional monarchy. The royal family comprises King Carl XVI Gustaf, Queen Silvia, Crown Princess Victoria, Prince Carl Philip and Princess Madeleine.

www.sweden.se

www.visitsweden.se

As always when you try to explain a people as a whole, generalizations are made and stereotypes are being used. Anyway, it is always nice to have a handle on the habits of a nationality so that you are not misunderstood. Therefore we have compiled bits and pieces of how Swedes act in different situations...



Swedish customs & swedishness

Answering the telephone Most Swedes will answer their phone by saying either their first or last name or both. People rarely pick up and say hello without giving you any indication of where you have called.

Be on time! Swedes are neurotic about punctuality, agendas and timetables. It is considered very disrespectful to be late both professionally and privately. If you are late, do call and let the waiting person(s) know and you will be easily forgiven. Always apologize if you are late!

Calling others On weekdays you can call people between 9 am – 10 pm. Do not call before 10 am on weekends. It is also considered bad form not to introduce yourself even if the person answering is not the one you are looking for.

Condolences If someone loses a member of the family it is common to call and give your condolences. If it is not a close friend a written note sent home is an appreciated gesture and if you want to send flowers any kind will do.

First name basis Swedes are informal and rarely use titles when addressing one another.

Gender roles and equality Most women work outside the home both before and after marriage. They also continue working after having children, but after a maternity leave of 12-18 months. Consequently men are expected to do a larger burden of the work within the home. However, most will agree that the domestic chores still largely fall under the woman's domain. Some traditional gestures are still upheld. For example, men often open doors for women and let them enter first. Men often propose marriage even though it is often a common decision between the two parties without involvement from the families.

Lunch Most restaurants have daily lunch specials. It is reasonably priced and this is the main meal of the day for many Swedes.

Monarchy Although the socialist party has governed Sweden for most of the past hundred years, the monarchy has not been threatened by the public

opinion. The Swedish monarch is down to earth and well liked and respected by most Swedes.

Peacekeepers Swedes shun conflicts. They prefer not to raise an uncomfortable issue if it means risking having to raise their voice.

Pets Swedes are fond of their animals. Cats and dogs are treated as family and live inside the home. However, there are regulations for how to keep your pet. They must not make noise that disturb the neighbours. When taking your dog for a walk you are expected to pick up your pet's disposal and bring it to a garbage bin. The pet should get the necessary shots. Nametags with address and phone numbers are helpful if the animal strays. It is fairly uncommon to neuter your dogs while it is more common with cats.

Queuing strategies In order to make queuing easier many places have a ticket machine by the entrance. Pull a number and then wait for your number to be shown on a display.

Talk about the weather As the fall and winter months are so long in Sweden, Swedes are obsessed with the weather. One can say that it is a common denominator for all Swedes. Swedes love to talk about the weather. Talk about the weather is often also used as an icebreaker.

Thank You Swedes like to say thank you many times through a conversation. It can be hard to end a telephone conversation before both parties have said thank you at least twice.

Understatements Jantelagen is a term often used. It means that you should never think that you are better than anyone else. What Swedes consider bragging would in many countries only be to tell it like it is.

Visiting friends and acquaintances Swedes like to plan things. If you want to visit someone, call in advance and ask them if it is convenient. A Swede might find it embarrassing if their home is not orderly or if they do not have anything to offer you when you come. A need of privacy can also be disturbed by a surprise visit.

Holidays & traditions

Swedes have many holiday celebrations throughout the year. Most public holidays begin their celebrations a day early – on the “eve”. As this day is considered as a Saturday, banks, offices etc. are closed and shops in town close earlier than usual. Shops are not required to stay closed on public holidays and opening times are decided by the shop owner. Public holidays are called “red days”, röda dagar.

Nyårsdagen - New Years Day: January 1st. January 1st is a public holiday and December 31st is treated as a Saturday.

Trettondag jul - Epiphany: January 6th. Many offices are closed on the 5th of January or at least close early. January 6th is a public holiday. This is the last time julbord (Christmas “smörgåsbord”) will be served. It is also the day to remove all Christmas decorations and throw out the Christmas tree.

Vasaloppet - Vasa ski race: 1st Sunday in March. An international ski marathon from Sälen to Mora (85km). This is reputedly the biggest cross-country ski race in the world. The first Vasa ski race was arranged in 1922. The route is the same as King Gustav Vasa took in 1521 while being pursued by the Danes.

Påsk - Easter: falls between March 22nd and April 25th. Långfredagen - Good Friday. Påskdagen - Easter Sunday. Annandag Påsk - Easter Monday. Shops and offices close early on Thursday, Friday, Sunday and Monday are public holidays. The word påsk originates from both Italian and Greek vocabulary meaning Passover. In 1325 Nicosia decided Easter would fall on the first Sunday after the first full moon after vårdagjämningen (vernal equinox). This is on March 21st, therefore Easter falls between March 22nd and April 25th. Over the Easter period you will observe many different traditions which are unique to Sweden.

Valborgsmässoafton-Walpurgisnacht: April 30th. People welcome the onset of spring by lighting huge bonfires. Traditionally, witches were believed to have travelled on brooms or goats to old sacrificial settings. People in villages would light fires to scare off the evil doers. Students wear their white caps and sing traditional songs followed by a night of dancing. Shops and offices often close early.

Första maj - May day: May 1st. Holiday of the working classes and traditionally a day of protest marches. Shops and offices are closed.

Kristi Himmelfärdsdag - Ascension day: the 40th day after Easter. Always occurs on a Thursday and is a public holiday. Many offices and public authorities will also be closed the following Friday.

Pingst - Whitsun: 10 days after Ascension day. Pingsafton - Whitsun eve. Pingstdagen - Whitsun day. Pingstdagen is a public holiday.

Sveriges nationaldag - Sweden's national day: June 6th, a public holiday. Parades, flags etc. are commonplace on this day. On June 6th 1523 Gustav Vasa ascended the throne and united the Swedish nation.

Midsommar - Midsummer: Saturday between June 20th and June 26th. Midsummer Day is a public holiday, and Midsummer's Eve is treated like a Saturday. Midsummer is celebrated during the weekend around the longest day of the year. It was originally celebrated to welcome the arrival of summer in anticipation of a fruitful harvest. According to folklore, it was believed that Midsummer Eve was a night of magic and supernatural occurrences. Family and friends gather and enjoy the traditional meal of matjesill (pickled herring), gräddfil (sourcream), gräslök (chives), and new potatoes accompanied by Swedish “snaps”. You can also see people dancing around the flower covered maypoles (which incidentally were considered to be an old viking fertility symbol) while singing folk songs.

Kräftskiva - Crayfish Party: middle of August. A strong tradition amongst Swedes are crayfish parties held during the middle of August. People gather to eat boiled crayfish, drink Swedish snaps and sing lots of drinking songs.



Midsummer celebration. Photo: Yanan Li – Stockholm Visitors Board

Surströmmingskiva - Fermented Herring Party: end of August. Another summertime tradition is fermented raw herring from the north of Sweden. It is famous for its incredibly potent smell and therefore enjoyed by a select few only. The premiere for this day is on the third Thursday of August and in fact, in the north of Sweden they often substitute crayfish parties for this sour, salted herring from the Baltic Sea. If you are brave enough to sample surströmming, then it should be eaten in accompaniment with crisp bread (tunnbröd), almond shaped potatoes (mandelpotatis), raw onion, sourcream, and washed down with beer, snaps or milk.

Alla helgons dag - All Saints Day: Saturday between October 31st and November 6th. Some offices close on the Friday before All Saints Day. Saturday is a public holiday. Families light candles and place flowers and wreaths on the graves of loved ones.

Mårten Gås - St. Martin's Day: November 11th. This is to mark the end of autumn work and start of winter activities. It is celebrated mainly in the south of Sweden where goose is eaten on this day.

Advent - Advent: the 4 Sundays before Christmas. The traditional time of year to begin decorating for

Christmas, lighting Advent Candles and opening Advent Calendars. Also the time to eat julbord (Christmas smörgåsbord dinners).

Nobeldagen - Nobel Day: December 10th. The date of Alfred Nobel's death. On this day the Nobel prizes are awarded in a grand ceremony and banquet which is shown live on TV.

Lucia - Saint Lucia Day: December 13th. Lucia is not a public holiday. According to folk tradition this is the longest night of the year and marks the beginning of the Christmas season. St. Lucia is the patron saint of light and was supposedly introduced to West Sweden by Irish missionaries in the 9th century. Celebrations began in the late 18th century when young girls, wearing white clothing and crowns of candles in their hair, would serve coffee and buns to the master and mistress of the house. Nowadays, a young girl dressed in white and with a crown of lighted candles on her head parades while singing special songs, along with a procession of "young lords and ladies in waiting", also dressed in white.

Julafton - Christmas Eve: December 24th. Juldagen - Christmas Day. Annandag Jul - Boxing Day. Christmas is celebrated on Julafton. December 25th and 26th are public holidays.



Photo: Fotografiska

Galleries and museums

The Museum of Architecture

The Swedish Museum of Architecture is a place for everyone who is interested of architecture, city planning, interior design and the built environment. The Museum displays architecture exhibitions with both contemporary and historical themes. Their permanent exhibition Architecture in Sweden shows Swedish architecture through the ages up till today. Over 500 architects and offices are represented with their drawings, models, documents, books and pictures.

Skeppsholmen, tel 08-587 270 00.

Bonniers Konsthall

Bonniers Konsthall is a venue for Swedish and international contemporary art. With exhibitions, seminars, publications, a guest studio, Bonniers Konsthall will support the emergence of and promote encounters with new art. Bonniers Konsthall was designed by the architects Johan Celsing Arkitektkontor, with a façades in glass and steel. The art venue takes up the ground floor, with reading room, gallery rooms and a café. The venue is run on a non-profit basis by the Bonnier family.

Torsgatan 19, tel 08-736 42 48.

Bukowskis

The Bukowski Auction House was founded in 1870 by Henryk Bukowski. Bukowskis has four main auctions per year. Two of them contains modern and contemporary art confined with modern design in furniture, silver and glass. The other two are international auctions with old masters, 19th century paintings, antique furniture, carpets, silver, jewellery, china, glass and so on. The Bukowski group has a longstanding tradition of specialist knowledge of highest quality.

Arsenalsgatan 4, tel 08-614 08 00.

The Carl Milles Art Museum

Home and studio of Carl and Olga Milles. Sculptures displayed in a natural setting of terraces, fountains and colourful flowerbeds. Exhibitions of Swedish and international art.

Herseudvägen 32, Lidingö, tel 08-446 75 90

Department

Lost in art? If you're looking for the best in contemporary art while staying in Stockholm, dep,art,ment is the place to go. Known as the small art store with the big names, and founded by renowned Swedish art consultants Anita Nilert and Lovisa Malmström, dep,art,ment offers you guided tours through Stockholm's best contemporary art galleries. Price depends on how much art you'd like to see. Only by appointment.

Grev Magnigatan 6, tel 070-713 61 22.

Fotografiska

Fotografiska is one of the world's largest meeting places for contemporary photography. Fotografiska will feature four major exhibitions and approximately twenty minor exhibitions per year. In addition to the exhibition spaces, Fotografiska houses a book and souvenir shop, restaurant, and commercial photography gallery. In the bar on the upper floor, you can take in one of the most spectacular views of Stockholm!

Stadsgården 15, tel 08-509 00 500



Photo: The Carl Milles Art Museum



Photo: Liljevalchs, Lars Kärholm, Kommentar till monarkin I.

Liljevalchs

Liljevalchs konsthall has Stockholm's most beautiful exhibition environment. Every year it is host to four exhibitions of contemporary and modern art. The venue opened in 1916 and is owned by the City of Stockholm. Liljevalchs is the Stockholm-ers' own exhibition venue – one that is equally welcoming to visitors from around the country and abroad. Blå Porten and its garden, located in conjunction with the museum, is a favorite place for restaurant and café-goers.

Djurgårdsvägen 60, tel 08-508 31 330.

Moderna Museet

The Moderna Museet is a place for lovers of art and culture, whether young or old. Here you will find one of Europe's most distinguished collection of modern and contemporary art with key works from the hands of Pablo Picasso, Robert Rauschenberg, Salvador Dalí, Henri Matisse, Meret Oppenheim and many others.

Skeppsholmen, tel 08-519 552 00



The Nationalmuseum

The Nationalmuseum is Sweden's leading museum of fine art and design. It houses paintings, sculptures, prints and drawings spanning several centuries as well as applied art and design that span right up to modern day. The museum displays artwork from the Middle Ages up until the start of the 1900's with emphasis on Swedish art from the 1700's and 1800's, Dutch art from the 1600's and French art from the 1700's. The French collection is considered one of the finest in the entire world.

Södra Blasieholmshamnen, tel 08-519 543 00.

The Museum of National Antiquities

In the Gold Room you will find the country's foremost gold and silver treasures. Here, for example, you will find the 1500-year-old golden collar from Älleberg which was made so skilfully that today's goldsmiths do not understand how it was done. Vikings is the world's largest Viking exhibition with over 4.000 original artefacts. Here you will find everything from rune-stones, jewellery, tools and gaming pieces to a model of the Viking town of Birka and a four metre long copy of a Viking ship.

Narvavägen 13-17, tel 08-519 556 00.

Olby Design

In the heart of the city, just a stone's throw from Stureplan with a view over Humlegården, you will find Olby Design – one of Stockholm's most attractive show-rooms. Why not pay them a visit and allow yourself to be inspired. Here you will find Kerstin Olby's award-winning furniture with hand-picked furnishings, modern lighting, art and handicrafts, jewellery and rising stars. "Good design is a combination of so many different things. It is all about quality, materials and emotions. The latter is the most difficult. I want people to fall in love, not a passing passion, but a lifelong love affair" says Kerstin Olby.

Sturegatan 24, tel 08-666 95 20

The Royal Coin Cabinet

An old collection in a new museum opposite the Royal Palace. Here you can see money from different countries and all periods. Anglo-Saxon, German and Islamic coins brought home by Vikings are on display. In modern surroundings you can learn more about the history of banking. Or why not look at the famous Nobel Prize Medal.

Slottsbacken 6, tel 08-5195 5304

The Swedish Museum of Natural History with Cosmonova

Discover the amazing Swedish nature, follow the course of human evolution over the past seven



Photo: Erik Cornelius/Nationalmuseum

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Frescativägen 40, tel 08-519 540 40.

The Royal Armoury

For almost five hundred years, items once in the possession of Swedish monarchs have been kept in the Royal Armoury. They have built up a collection of memories from the country's different dynasties, evoking well-known events in Swedish history. See, for example, the costume worn by Gustav III at that fateful masked ball in 1792, Charles XII's muddy uniform from Fredriksten in 1718, and the bloodstained shirt worn by Gustavus Adolphus at the Battle of Lützen in 1632.

Slottsbacken 3, tel 08-402 30 30.

The Vasa Museum

The Vasa is the best-preserved 17th century ship in the world, the most popular museum in

Scandinavia and one of the foremost tourist sights in the world. The impressive warship sank on her maiden voyage in 1628 but was salvaged 333 years later in 1961. She has since then been restored and can now be seen with her complete lower rigging at the Vasa Museum – the only museum of its kind in the world. Surrounding the ship are several permanent exhibitions, cinemas, a shop and a restaurant.

Galärvarvsvägen 14, tel 08-519 548 00.

Åmells

Åmells is the leading Scandinavian fine art dealer. They specialize in old master paintings as well as high quality Scandinavian paintings, photography and sculptures with the main focus on 19th and 20th century art. They carry a large and continuously changing stock of important works. Åmells offers solo as well as curated thematic group exhibitions. Over the years Åmells have sold paintings to several international museums such as J Paul Getty Museum and Le Musée du Louvre.

Birger Jarlsgatan 14, tel 08-611 41 93.



SkyView is one of the most remarkable attractions in Sweden, and an experience far above the ordinary. A gondola made of glass takes you up along the outside of the Ericsson Globe – the largest spherical building in the world. We promise you will have a spectacular view over Stockholm!

SkyView

Prepare yourself for shivering kneecaps and sweaty palms! SkyView consists of two glass gondolas, which can each carry 16 people. The gondolas travel up two sets of rails on the outside of the Ericsson Globe all the way to the top, 130 metres above sea level.

The SkyView visit takes approx. 30 minutes, tour included. There are also drop-in tours available every hour for all that have not pre-booked. After the tour you are welcome to visit the souvenir shop, adjacent to the gondolas.

Tickets

Book your ticket in advance to make sure that you can experience a SkyView tour just when it suits you best. Bring your pre-booked ticket and go directly to the departure gate without having to wait in line. Telephone booking 0771-811 000. Adults SEK 130, children SEK 100.

In addition to the SkyView ride you can combine the trip with a guided tour of the Ericsson Globe itself, or why not take the time to enjoy a delicious lunch in their excellent restaurant!



Woven products from Ekelund's Linneväveri, "the Skansen Collection"

Swe of Stockholm carries products from all over Sweden: classic china from Höganäs in Skåne, crystal from the Orrefors and Kosta Boda glassworks in Småland and art glass from Målerås. Or why not choose a sheepskin from Ekerö or reindeer hide from Norrland. Also available are woven products from Ekelund's Linneväveri, who deliver textiles to the Swedish royal family. We also have objects designed by artist Heidi Lange. You'll find presents for the children too. Our toys include themes such as Pippi Longstocking, the Mumin troll and the stories of Elsa Beskow. We also have Swedish handicrafts, Dala horses and other classic products that are perfect as souvenirs.

**Swe
Of
Stockholm**

Österlånggatan 1, tel: 08-6010006. Approximately 5 minutes from Grand Hotel.

www.sweofstockholm.se



Find your own gem among the islands. Photo: Human Spectra – Stockholm Visitors Board

The Stockholm Archipelago

The Stockholm Archipelago consists of an unlimited number of islands, islets and skerries, almost 24.000 all told. Some are solitary and uninhabited, while others offer both hotels and restaurants. From the beginning, the archipelago was a place for holidaying Stockholmers and boat owners. During recent years, new visitors have arrived: day tourists, island hoppers, backpackers, fishing enthusiasts, canoe paddlers and – when the ice is thick enough – cross country skaters. We have selected a few islands and provided you with a few tips about where you can go.

Fjärderholmarna

The nearest archipelago islands lies between Nacka and Lidingö. You reach the island group via a 25-minute boat ride from Stockholm City. The main island has many restaurants and fish smokehouses, everything from classy eateries to an ice-cream house, something to suit everybody's taste and pocket. There are barbeque grills available for people who want to bring their own food. On Fjärderholmarna you'll also find a crafts village and various exhibitions having to do with nautical life and the archipelago.



FOTO: C. LUNDIN



Life by the water

As a visitor to Stockholm you should definitely not miss a boat trip in our unique archipelago. This holiday paradise begins right in the centre of Stockholm and extends for almost 40 miles right out into the Baltic Sea. For sailing times, please call +46-8-679 58 30 or visit our terminal at Strömkajen (by the Grand Hôtel). Welcome aboard!



WAXHOLMSBOLAGET



Sandhamn

The sea and the horizon give Sandhamn its character. The unique thing about this island is that it consists of sand and more sand, interrupted by thinly distributed outcrops of ancient stone. Sandhamn is perhaps best known as a place for swimming and international sailing, but also boasts some fine historical sites and offers unique natural settings. Sandy beaches lie within walking distance wherever you turn on the island. The highest standards of service are offered at Seglarhotellet, complete with both indoor and outdoor swimming pools.

Möja

Möja is one of the larger islands of the Stockholm Archipelago. Approximately six km long with excellent hiking and bicycle tracks. However, there are no prepared bathing areas yet. Things worth seeing are the beacon just north of Berg, the local history museum, the Russian Ovens and Möja Church. There is a wellknown fish restaurant in Rams Mora, Wikströms Fisk, that is open all the year round. Another restaurant, open during the summer, with a fantastic location in the Berg harbour, is Möja Krog.

Fejan

Fejan has a very exciting history running from the end of the 19th century. At that time, a new cholera epidemic was sweeping across Europe, and the Swedish authorities decided that the disease had to be stopped at the borders of the country. The quarantine station on the East Coast was located on Fejan. Fejan is a very beautiful island in the northern Archipelago. Fejans Krog is the only restaurant on the island. In connection with the restaurant and youth hostel, there is also a provisions store, sauna, conference facilities and a handicrafts shop.

Stockholmers are actively involved in sports. The city's many parks and proximity to forests provide ample opportunities for outdoor exercise. Running and cycling are year-around activities while the Stockholm winter provides a chance to go skating and skiing. There are skating rinks free of charge in downtown Stockholm as well as naturally frozen lakes outside the city centre.

Further more, the city Sports Administration handles bookings, operations, maintenance and investments for the city's approximately 450 sports facilities. These include approximately 200 school gym halls. In addition, the administration is responsible for outdoor recreational activities, fish conservation and leisure boat berths.

Active in Stockholm

The major sports arenas in Stockholm provides with entertainment in all kinds of sports. Here are some of the major arenas in Stockholm.

For The Active Person

The City Sport Administration

www.stockholm.se/idrott

Friskis & Svettis Aerobics Movement In Stockholm

Tel 08-429 70 00

info@sthlm.friskissvettis.se

www.sthlm.friskissvettis.se

Centralbadet Recreational Facility

Tel 08-545 213 00

info@centralbadet.se

www.centralbadet.se

Sturebadet Recreational Facility

Tel 08-545 015 00

info@sturebadet.se

www.sturebadet.se

S.A.T.S Sports Club

Tel 08-503 224 90

www.sats.se

Actic

Tel 08-728 53 30

www.actic.se

World Class

Tel 08-669 40 70

www.worldclass.se

Tjejtrampet

The world's largest bicycle race for women (beginners and professionals). A 42 km course.

info@tjejtrampet.nu

www.tjejtrampet.com

Stockholm Marathon

Runners from all over the world meet in Stockholm for this race that runs two laps around the city. Start and finish at the Olympic Stadium.

info@marathon.se

www.stockholmmarathon.se

Lidingöloppet

The world's largest cross country running race 30 km. Men and women.

info@lidingoloppet.se

www.lidingoloppet.se

Tjejmilen

Sweden's biggest sporting event for women with 25 000 female runners and joggers of all ages.

info@tjejmilen.se

www.tjejmilen.se

For The Spectator

Gotland Runt

The ocean sailing race starts at Sandhamn and rounds Gotland and returns.

www.gotlandrunt.se

Elitloppet At Solvalla

The biggest trotting event in Sweden.

www.elitloppet.se

Stockholm Summer Games

International Youth Competition in aprox. 20 various sports arenas in Stockholm. Soccer, basketball, badminton, mountainbike, track and field, athletic, golf, gymnastics, bowling, wrestling, in all 19 disciplines.

www.summergames.se

Globe Arenas

The Globe Arenas includes a wide-spread event area with the Globe, Hovet, Annexet and Söderstadion. There's always something going on here, every day of the year. International performers, ice hockey, football, concerts, basketball, Stockholm International Horse Show etc...

Tickets: 077-131 00 00

www.globearenas.se

Råsunda Football Ground

Home ground for AIK Football club and the national team.

Tickets: 077-170 70 70

The olympic stadium

The stadium is the venue for major sports events and concerts. The Olympic Stadium is also the home ground for Djurgården IF Football Club. Telephone: 08-545 158 00



Text: Maria von Gegerfelt

Four favourites in Stockholm

Centralbadet

Tucked behind Stockholm's favourite shopping drag, Centralbadet spa offers a retreat from the stress of city life. Since 1904 when the famous Art Nouveau architect Wilhelm Klemming realized his dream to open a window on nature, he donated many lovely opportunities for Stockholmers to unwind and rejuvenate, including massage, sauna and beauty treatments. While the treatments and therapies on offer are constantly improving over time, every effort has been made to retain the turn-of-the-century atmosphere. The original tiling is in place, a beautiful leafy spring garden and a courtyard sits outside. A healthy snack bar is located on the ground floor, with tables in the courtyard that are a popular hang-out in the summertime, especially in the evenings. The menu of treatments and therapies on offer is wide. Skin care, herb baths (originally from Germany) and treatments with sweet-smelling oils are among Centralbadet's specialities. Centralbadet's bath and Spa is closed to renovation until late March and early April. Until the reopening treatments are available in Centralbadet's Andrum on Hölländargatan 13. For reservations and more information: www.centralbadet.se

Blue Hamam Spa

Blue Hamam Spa is a new concept of "spa", by bringing the culture of the Turkish bath to Sweden. They offer their guests a meeting with oriental bathing culture, known throughout the Middle East as the "hamam". This spa contains all of the components you can find in most Turkish hamams. The heated marble stone in the centre of the bath on which you receive treatment, the cool room where normal body temperature is slowly regained, and the lounge, known as the "Camekan", where you relax after treatment, eat fruit and nuts, drink Turkish tea and sample mezé food. They have also added a massage room to their hamam where you can book classical massage or Chakra flow massage, inspired by Indian medicine. They also offer classical Kundalini yoga, which is used within the health care system to rehabilitate patients after heart disease. And as they say, it is "A spa of contrast". Enjoy their outdoor



© Blue Hamam Spa



© Selma CitySpa+



© Raison d'Être Spa

jacuzzi and sauna next to the sea, together with a wood-fired bath. Enjoy Turkish bathing culture surrounded by the natural world of the Swedish archipelago. A contrast? Yes indeed, but what would life be like without the contrasts that arise from exciting meetings between different cultures?

For reservations and more information: www.bluehotel.se

Raison d'Être Spa

The French phrase *raison d'être* means 'reason for being'. Creating uniquely wonderful spas is their own reason for being. They also believe that 'being' is a richer, more fulfilling state than simply 'doing'. Through their healing treatments they aim to help you nurture your own essential being: the heart of who you are. This makes Raison d'Être - Grand Hôtel Stockholm unlike many other spas you've experienced before. It is created exclusively in partnership with Grand Hotel and inspired by local nature and heritage. Their therapists treat every guest as an individual, adapting the massage to your needs rather than simply following a formula. Each treatment in their special designed spa concept "Our Own Experiences" has been exclusively developed to achieve a particular effect on body and soul. They have also designed their own range of body products especially for this spa, including a different massage butter to suit each treatment. Inspired by Nordic herbs and flowers, their products have been made exclusively for us here in Sweden and consist of only organic ingredients and absolutely no chemicals. And their facial products are all from The Organic Pharmacy. For reservations and information: www.raisondetrespa.se

Selma CitySpa+

Selma CitySpa+ is located on the top floor of Clarion Hotel Sign. They offer a modern gym, personal trainers, an exclusive member's club, sauna, terrace, refreshing and invigorating spa treatments and a spectacular outdoor pool that is heated all year round. A stunning view of Kungsholmen and the water combines with the fantastic light from panorama windows to create a unique feeling of harmony and well-being, right in the heart of Stockholm. And there you can also enjoy a healthy snack or food from their spa menu and your choice of juice, smoothie and glass of wine or beer. Unwind yourself and enjoy a relaxing massage, an energizing body treatment or a purifying facial. All their therapists are specialized in their fields. They are using products from Decléor, md Formulations and makeup from bareMinerals. A selection is for sale in their shop. For reservations and more information: www.selmacityspa.se



Swimming at sunset. Photo: Jacob Saurén, www.visitaland.com

The Åland islands are situated between Sweden and Finland, in the northern part of the Baltic Sea. They constitute an autonomous and monolingual Swedish region of Finland with its own flag. Åland also has its own stamps and internet top-level domain (.ax).

Text: Maria von Gegerfelt

Visit the peaceful Åland!

A total of 27,500 people live in Åland. About 11,000 of them live in Åland's only town, Mariehamn. The town was founded in 1861 and today it is the commercial and political centre of Åland. It is also Åland's seat of government. This year Mariehamn is celebrating its 150th birthday, the town is named after Maria, the consort of Tsar Alexander II. Much of the city's historical heritage will be commemorated in several exciting cultural events throughout 2011.

Trade and industry

The islands' main industries include shipping, trade, banking, farming and the production of food items. Shipping has always been a particularly important activity for the region and, in terms of characterising the Ålanders, there is no other industry like it.

Visit the Maritime Museum, the Museum Ship Pommern and the Maritime Quarter in Mariehamn to find out more about the islands' fascinating maritime history.



Åland's landmarks

The things that make Åland unique are its unspoiled archipelago and the beautiful bedrock, worn smooth by glacier ice, that gets its red colour from the area's rapakivi granite. Åland's 6,500 islands have a world to offer where the sea is always nearby. Did you know that Åland has more sunshine hours than anywhere else in Northern Europe between May and August? Another of Åland's distinctive traits is the mid-summer sight of maypoles, colourful garlands and olde worlde windmills. You can see some of them in the Jan Karlsgården open air museum in Kastelholm where you'll also get to see what a typical Ålander farm looked like around the end of the 19th century.

The journey to Åland is half the experience

The Åland islands are situated in the heart of Scandinavia, midway between Stockholm and Helsinki. Most of the people find the trip by boat very beautiful. You can see both Sweden's and Åland's archipelagos on the way. The ferries, Viking Line and Tallink Silja, which run several times a day, are actually more like giant cruise liners, with several different kinds of restaurants, bars, Spa, entertainment and tax-free shopping. And the tickets are surprisingly cheap, particularly considering that the ships are floating shopping and entertainment palaces. Most travellers from abroad are surprised that such enormous vessels operate among such small islands.

Ferries run every day from Stockholm city:
www.vikingline.se and www.tallinksilja.se

Åland in brief

Part of Finland and a member of the EU.

Within the Schengen area.

Inhabitants: 27,500

Language: Swedish

Currency: The official currency is the euro but Swedish crowns are accepted in most places.

Time: Eastern European Time.

Total area: 6 787 sq km.

A total of more than 6,500 islands of which 65 are inhabited.



Morning golf at the King's Course in Kastelholm.
Photo: Daniel Eriksson, www.visitaland.com



From left, Mr. Jean-Hevré Chiquet, owner of the champagne house Jacquesson. Richard Juhlin, one of the worlds leading champagne experts from Sweden and Mr. Francoise Hautekeur, champagne expert from the champagne house Veuve Clicquot.

Text: Björn Häggblom, Head of Communications, The Government of Åland. Photo: Maria von Gegerfelt

Unique champagne bottles to be auctioned off on Åland

In mid-July 2010 a previously unknown wreck was discovered in Finland at a depth of 50 meters in the southern part of Åland's outer archipelago. Divers could at this time salvage a single bottle of champagne. By late August, work with the salvage of what was believed to be the oldest champagne in the world began. In total, 145 bottles of champagne were salvaged this summer from the shipwreck.

According to experts the champagne is from the first half of the 1800s. Some of the bottles originate from the well-known champagne house Veuve Clicquot. Other champagne was produced from the now closed champagne house of Juglar – today the producer Jacquesson produces champagne on the old Juglar lands. A small number of bottles are of the famous Heidsieck brand.

Apart from many champagne bottles, a few smaller bottles were also brought up from the sea. These bottles contained beer, and they are some of the oldest bottles of beer in the world.

All finds belong to the Government of Åland, an autonomous region in Finland. Five bottles of champagne will be saved for museum purposes. A very limited amount will be used to create a new dosage, a blend of the old champagne and more recently produced champagne. This will be done in



The tension was very high prior the tasting of the unique finds of champagne from Juglar and Veuve Clicqoute.

collaboration with the champagne house Jacquesson. Those bottles, as well as the old bottles, will be sold at a reoccurring international wine auction that will be held on Åland.

Negotiations are currently underway with international auction houses. A possible date for the first auction is June 2011. The aim is to create a special focus on champagne and on experiences connecting to food and wine adjacent to the auction. By arranging the auction on Åland, the local government hopes to attract a mix of food and wine lovers as well as wine collectors to the islands.

The economic surplus that an auction might bring Åland is to be used especially for maritime archaeological research and for the benefit of the Baltic Sea environment.

Phonebook

Alarm & Security Equipment

Eyesecc Larmteknik Ab
www.eyesecc.se
08-556 700 30

Gothia Protection Group
www.gothiaprotection.se
08-410 402 00

Rowic Alarmsystem AB
www.rowic.se
08-655 88 33

Securitas
www.securitas.se
010-470 10 00

Apartements

Remax
www.remax-sverige.com
08-720 76 00

Banking & Financial Services

Forex
www.forex.se
Centralstationen
08-411 67 34
Arlanda Express Terminal
08-219020

Handelsbanken
www.handelsbanken.se
Kungsgatan 1
08-679 59 50

Nordea
www.nordea.se
Hamngatan 12
0771-22 44 88

SEB Bank
www.seb.se
Stureplan 2
0771-365 365

Western Union
www.westernunion.se
020-90 10 90

Beauty Shop

Kontrast Stockholm Beauty
Makeup & Styling Store AB
www.kontraststockholm.se
Birger Jarlsgatan 46
08-611 45 30

Books In Foreign Languages

Akademibokhandeln
www.akademibokhandeln.se
Mäster Samuelsgatan 28
08-402 11 00

Hedengrens Bokhandel
www.hedengrens.se
Sturegallerian
08-611 51 32

Sweden Bookshop
www.swedenbookshop.se
Slottsbacken 10
08-453 78 80

Car Rentals

Avis
www.avis.se
0770-82 00 82

Europcar
www.europcar.se
0770-77 00 50

Hertz
www.hertz.se
0771-211 212

Crystal/Glass

Nordiska Kristall
www.nordiskakristall.se
Kungsgatan 9
08-10 43 72

Orrefors Kostaboda Factory Outlet
Tyra Lundgrens väg 15-17
Gustavsberg
08-570 108 70

Orrefors Kostaboda
www.orrefors.se
Birger Jarlsgatan 15
08-611 91 15

Swarovski
www.swarovski.com
Biblioteksgatan 5
08-440 60 40

Diplomatic Cars

Audi
www.audi.se
Fiskartorpsvägen 22
08-50333000

BMW Stockholm
www.bmw-ids.com
Gårdsvägen 11
08-735 39 92

Mercedes-Benz Stockholm
www.mercedes-benz.se
Kottbygatan 4
08-477 22 00

Svenska Bil
www.svenskabil.se
Esbogatan 8, Akalla
08-505 692 00

Volvo
www.diplomat.volvocars.com
Upplands Motor
08-580 008 75

Electrical Repairs & Installations

Hela Huset AB (24 H)

Fjällgatan 38
08-648 86 00

Hushållsservice

Svärdlångsvägen 36, Årsta
08-645 93 60

Flowers

Melanders Blommor

www.melandersblommor.se
Hamngatan 2
08-611 28 59

Blomsterhallen

Birger Jarlsgatan 116
08-15 00 50

Handicraft/Souvenirs

Handkraft Swea

Västerlånggatan 24
08-20 06 36

Jobsbutiken

Svartmangsgatan 25
08-23 50 30

Kerstin Adolphson

Västerlånggatan 40 and 44
08-20 17 27

PUB Säsong

PUB Hötorget
08-789 19 30

Swe of Stockholm

www.sweofstockholm.se
Österlånggatan 1
08-601 00 06

The Royal Gift Shop

The Royal Palace
08-402 61 48

Healthcare

Ambassador Care

www.ambassadorcare.se
Grev Turegatan 40
08-663 60 30

House & home

Asplund

www.asplund.org
Sibyllegatan 31
08-662 52 84

Design House Stockholm

www.designhousestockholm.com
NK, Hamngatan 18-20
08-762 81 19

Designorget

www.designorget.se
Kulturhuset
08-21 91 50

KA International

www.kainternational.se
Brahegatan 32
08-667 99 00

Hotels & Booking Agents

Choice Hotels

www.choicehotels.se
0771-666 700

First Hotels

www.firsthotels.se
020-41 11 11

Hasseludden Konferens och Yasuragi

www.yasuragi.se
Hamndalsvägen 6, Saltsjö-Boo
08-747 61 00

Hilton Stockholm Slussen

www.stockholm-slussen.hilton.com
Guldgränd 8
08-517 353 00

Hotel Diplomat

www.diplomathotel.com
Strandvägen 7c
08-459 68 00

Radisson SAS

www.stockholm.radissonsas.com
08-506 540 00

Scandic Hotels

www.scandichotels.se
08-517 517 00

Stockholm Tourist Center

www.visitstockholm.com
08-508 285 08

Jewellers

Atelje Minowa

www.ateljeminowa.com
Köpmangatan 14
08-24 25 18

Jovenia Juveler

www.joveniajuveler.se
Biblioteksgatan 10
08-611 25 66

Sandberg

www.sandbergsweden.com
Nybrogatan 9
08-679 90 20

Language Schools/ Translation

Ef Education

www.ef.se
08-587 930 00

Futaraskolan AB

www.futaraskolan.int.se
076-723 21 94

Sigtunaskolan Humanistiska

Läroverket
www.sshl.se
08-592 571 00

Libraries

Stockholms Stadsbibliotek

www.biblioteket.stockholm.se
Sveavägen 73
08-508 311 00

Mobile Phones

The Phonehouse

www.phonehouse.se
Grev Turegatan 13
0771-99 10 00

Telia Butik

www.telia.se
Kungsgatan 36
08-696 96 80

Moving Specialist

ICM Kungsholms
www.icmkungsholms.se
08-445 70 70

Optician

Synoptik
www.synoptik.se
Drottninggatan 92
08-20 32 20

Public Transportation

Flygbussarna
www.flygbussarna.se
08-588 228 28

SL Center
www.sl.se
08-600 10 00

SJ
www.sj.se
0771-75 75 75

Restaurants

Fredsgatan 12
www.grupp12.com
Fredsg. 12
08-24 80 52

Glenfiddich Warehouse
www.glenfiddichwarehouse.se
Västerlånggatan 68
08-791 90 90

Magic Bar
www.magicbar.se
Karlslan 6
08-667 25 00

Operakällaren
www.operakallaren.se
Karl XII:s Torg
08-676 58 00

Restaurant Lux
www.luxstockholm.com
Primusg. 116
08-619 01 90

Restaurant Mathias Dahlgren
www.mathiasdahlgren.com
S. Blasieholmshamnen 6
08-679 35 84

Shopping

Fältöversten
www.faltoverstencentrum.se
Karlslan 13
08-692 69 00

Gallerian
www.gallerian.se
Hamngatan 37
08-791 24 45

Hötorgshallen
www.hotorgshallen.se
Hötorget
08-23 00 01

NK
www.nk.se
Hamngatan 18-20
08-762 80 00

PK-Huset
www.pkhuset.com
Hamngatan/Norrlandsgatan
070-757 76 00

PUB
www.pub.se
Hötorget
08-789 19 30

Sturegallerian
www.sturegallerian.se/eng
Stureplan
08-453 50 00

Stockholm Quality Outlet
www.qualityoutlet.com
Majorsvägen 2-4, Barkarby
08-564 720 31

Åhléns
www.ahlen.se
Klarabergsgatan 50, T-centralen
08-402 80 00

Sports & Leisure Activities

Casino Cosmopol
www.casinocosmopol.se
Kungsgatan 65
08-781 88 00

KLTk - The Royal Lawn Tennis Club
www.kltk.se
Lidingövägen 75
08-459 15 00

Solvalla
www.solvalla.se
Bromma
08-635 90 00

Ticnet
Music, sports, theatre etc.
www.ticnet.se
0771-70 70 70

The Royal Swedish Opera
www.operan.se
Gustaf Adolfs Torg
08-791 44 00

Täby Galopp
www.tabygalopp.se
08-506 366 00

Waxholmsbolaget
www.waxholmsbolaget.se
Nybrokajen 1
08-679 58 30

Taxi & Limousine Service

Limousine Service AB
www.limosineservice.se
08-22 22 80

Taxi Stockholm
www.taxistockholm.se
08-15 00 00

TV, CD & DVD Players...

On off
www.onoff.se
Kungsgatan 29
08-701 07 10

Tourist Information

Stockholm Tourist Centre
www.visitsweden.com
Vasagatan 14
08-508 285 08

Travel Agencies

American Express Business Travel
08-429 40 00

Via Travel
www.viatravel.se
08-555 237 00

Personnummer

Personal identity number, personnummer, is an important part of daily life in Sweden. To have any kind of official existence in Sweden everyone has to possess an ID number made of 10 digits, and containing within those digits your date of birth, a birth number which identifies your sex, and a control number which is calculated via a method known as the modulus-10-method. Unfortunately, as foreign diplomats are not registered in the Swedish national population register they are not assigned a typical personnummer, but one where the last 4 digits are four zeros. This identifies them as diplomats and not residents. Equally unfortunately, these quirky personnummers are not recognized by the central register and consequently cause diplomats many problems as Swedish computers do not accept the four zeros, making it difficult when trying to deal with banks, telephone companies, doctors etc. Some of these organizations have assigned diplomats with a separate, random number – based on the personnummer model but not an official personnummer – a number that their computers can accept and business can continue as usual. Not ideal, but temporary, workable solution in some cases. In an attempt to overcome this problem, the UD have issued diplomats with alternative ID numbers, known as coordination numbers – samordningsnummer. It is worth stressing that the samordningsnummer still does not deliver all that a proper personnummer does for residents of Sweden. However this system should help to alleviate the problem faced by diplomats on a daily basis, but there is clearly still some way to go as the system beds in. In the meantime we suggest you simply keep smiling as you endeavour to explain the four zeros problem once again...



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General info

Emergency Assistance

SOS Alarm 112

Dial 112 for emergencies; ambulance, rescue services, fire department and police.

24-hour medical services

Advice hot-line: 08-320 100

Poison hot-line: 08-33 12 31

Hospitals

Danderyds sjukhus: 08-655 50 00

Karolinska sjukhuset: 08-517 700 00

Capio S:t Görans sjukhus:

08-587 010 00

Södersjukhuset: 08-616 10 00

Dental emergency

S:t Eriks Sjukhus, Polhemsgatan 48

08-123 156 80

Police

Main switchboard: 114 14

Police, lost & found: 08-401 07 88

Pharmacy, Open 24 H

www.apoteket.se

Apoteket Scheele, Klarabergsg. 64

0771-450 450

General info

Abbreviations – förkortningar

agreement = överenskommelse – ö.k

a.m. = förmiddag – fm

amongst others = bland annat – bl.a

and so on = och så vidare – osv

and the like = och dylikt – o.d.

approximately = cirka – c.a

crown(s) = krona, kronor – kr

e.g. = till exempel – t.ex

etc. = med mera – m.m.

from now on = från och med – fr.o.m

inclusive/up to = till och med – t.o.m

January = januari – jan

Ltd = aktiebolag – AB

minute(s) = minut(er) – min

Monday/month = måndag/månad

– mån

N.B. = observera – obs!

number = nummer – nr

on the grounds of = på grund av – p.g.a

o'clock = klockan – kl

p.m. = eftermiddag – em

St/Saint = Sankt – S:t

stairs/floors = trappa – tr

street = gatan – g

VAT (value added tax) = mervärdesskatt

– moms

week = vecka – v.

weekdays = vardag

Airport buses

Airport buses from Stockholm to

Arlanda, Bromma and Skavsta leave

from the Cityterminalen at the

Klaraberg viaduct near the Central

Station. Departures to Arlanda every

10 or 15 min. Call 08-588 228 28 for

information.

Adresses – Adresser

Addresses are written in the following

way: Name of the recipient – Sven

Svensson, Street and then the house

number – Drottninggatan 23.

Post code and then the town – 277 89

MALMÖ.

Books about Sweden

Inspiring literature about Sweden in

the Old Town of Stockholm and on the

Internet, Sweden Bookshop.

(www.swedenbookshop.com) Slotts-

backen 10. 08-453 78 00 www.si.se

Common Phrases

– Vanliga fraser

admission free = fritt inträde

cashier = kassa

caution = observera/se upp

closed = stängt

danger = fara

do not touch = får ej vidröras

entrance = ingång

elevator/lift = hiss

exit = utgång

for sale = till salu

information = upplysningar

ladies = damer

life threatening = livsfara

mens = herrar

mind the step = se upp för trappsteget

no entry = ingen ingång

no smoking = rökning förbjuden

no trespassing = tillträde förbjudet

open = öppet

pull = drag

push/press = skjut/tryck

sale = rea

smoking allowed = rökning tillåten

Dates – Datum

Dates are written in a variety of

different ways e.g.

April 1, 2011 = 2011-04-01

Stockholm, June 1st 2011 = Stockholm

den 1 juni 2011

Malmö, 3rd Feb. 2011 = Malmö den

3/2 2011

Days of the week – Veckodagar

Monday = måndag

Tuesday = tisdag

Wednesday = onsdag

Thursday = torsdag

Friday = fredag

Saturday = lördag

Sunday = söndag

Directions – Riktningar

North = Norr

South = Söder

East = Öster

West = Väster

Right = Höger

Left = Vänster

Height and Weight

Inches x 2,54 = Centimetres

Kilograms x 2,2 = Pounds

Centimetres x 0,39 = Inches

Pounds x 0,45 = Kilogram

1 Mile = 1,61 Kilometres

1 Kilometre = 0,62 Miles

1 Swedish mile = 10km

Months – Månader

January = januari

February = februari

March = mars

April = april

May = maj

June = juni

July = juli

August = augusti

September = september

October = oktober

November = november

December = December

WELCOME TO GLENFIDDICH WAREHOUSE No 68



"House of excellent food & beverage"



GLENFIDDICH
WAREHOUSE
No 68

RESTAURANT & BAR

Västerlånggatan 68 in Gamla stan (the old town)
www.glenfiddichwarehouse.se

Call us on: 08-791 9090

We have a unique restaurant concept, where foundation is "Food and Malt". Our kitchen offers you well-cooked food on the best Swedish primary products, with our own special touche. You can choose between 220 different single malt's and 17 different swedish microbrewed beers on tap. We can also organise a unique experience of Whiskey and beer try-outs after your wishes. Please give us a call for table reservations or if you have any other thoughts.

Newspaper Outlets

Pressbyrån,
Central Station Tel: 08-24 01 17
Gallerian Tel: 08-21 24 05

Press-Stop,
Regeringsgatan 27 Tel: 08-723 01 91
Götgatan 31 Tel: 08-644 35 10

Many tobacco shops, news-stands and book-shops have a large assortment of international press and pocket books.

Public Transportation

Buses, underground and commuter railways. Call SL Information.
Tel: 08-600 10 00

Taxi

Taxi Stockholm: Tel: 08-15 00 00
Taxi Kurir: Tel: 08-30 00 00
Taxi 020: Tel: 020-20 20 20
Apart from these larger companies there are a number of "freetaxis". Note that there are fixed rates for transfers to and from Stockholm-Arlanda.

Temperature

To Compute Fahrenheit: Multiply Centigrade by 1.8 and add 32.
To Compute Centigrade: Subtract 32 from Fahrenheit and divide by 1.8.

Time - Tid

What's the time? = Vad är klockan?
1 o'clock = Klockan är ett.
Quarter past 5 = Kvart över fem.
Quarter to 7 = Kvart i sju.
Half past 4 = Halv fem.

Weather - Väder

Cold = Kallt
Sunny = Soligt
Rain = Regn
Thunder = Åska
Lightning = Blixt
Hail = Hagel
Windy = Blåstigt
Cloudy = Molnigt
Humid = Fuktigt
Snowfall = Snöfall
Icy = Halka

Sweden on the net

Royal Dramatic Theatre

www.dramaten.se

Sweden's national theatre.

Royal Swedish Opera

www.operan.se

Sweden's national stage for opera and ballet.

Stockholm Concert Hall

www.konserthuset.se

Home of the Royal Philharmonic Orchestra.

Scandinavian Design

www.scandinaviandesign.com

A website dedicated to Scandinavian design.

Swedish Film Institute

www.sfi.se

The central organization of Swedish cinema with the task of supporting the production and the distribution of Swedish quality films.

Swedish National Council For Cultural Affairs

www.kulturradet.se

The Council is responsible for implementing the national cultural policy determined by government and parliament.

Swedish Society Of Crafts And Design

www.svenskform.se

The world's oldest design society, functions as an opinion maker and promoter of knowledge in the field of both industrial design and applied art.

National Atlas Of Sweden

www.sna.se

With the Swedish Gazetteer with more than 57,000 searchable places and an interactive map of Sweden.

Visit Sweden

www.visitsweden.com

The official gateway to all Internet based tourist information in Sweden.

Virtual Sweden

www.sweden.se

Sweden's official website for information about Sweden to the outside world.

Statistics Sweden

www.scb.se

Statistics Sweden provides current statistics on the Internet from most sectors of Swedish society.

Stockholm

www.stockholm.se

About Sweden's capital.

www.visitsweden.com

Stockholm's official visitors guide with excellent information about events in the city.

Church Of Sweden

www.svenskakyrkan.se

About the Church of Sweden.

Royal Court Of Sweden

www.royalcourt.se

About the monarchy in Sweden, the Royal family and the Royal Palaces.

Stockholm University

www.su.se

Stockholm University is a centre for higher education and research, organised into four faculties: Natural Sciences, Humanities, Social Sciences and Law.

Stockholm Academic Forum

www.staforum.se

About studying in Stockholm.

Stockholm's Official Business Guide

www.investstockholm.com

The official investment promotion agency of Stockholm.

www.investsweden.se

Invest Sweden is the government agency attracting foreign direct investments into Sweden.

Swedish Yellow Pages

www.eniro.se

Swedish Ministry Of Foreign Affairs

www.ud.se

Press statements, online Diplomatic List, Foreign Affairs news, etc.

Swedish Tax Authorities, Skattemyndigheten

www.skatteverket.se

Tax information, online application forms for foreign communities etc.

Stockholm Activities' Information Website

www.alltomstockholm.se

All Stockholm related activities.

Swedish Online Booking Website

www.ticnet.se

To book your visits to the opera, ballet, concerts, ice hockey, theatre, musicals, etc.

Swedish Institute

www.si.se

About Sweden in general.

Folkets lexikon

<http://folkets-lexikon.csc.kth.se>

Swedish-English-Swedish online dictionary.

Stockholm International School

www.intsch.se

Stockholm Institute Of Transition Economics

S.I.T.E.

www.hhs.se/site

Institute For Democracy And Electoral Assistance

I.D.E.A.

www.idea.int

Stockholm International Peace Research Institute

S.I.P.R.I.

www.sipri.org

Swedish International Development Agency

S.I.D.A.

www.sida.se

The Swedish Institute Of International Affairs

S.I.I.A./U.I.

www.ui.se

BMW
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BMW DIPLOMATIC SALES. AT HOME THE WORLD OVER.

**For detailed information
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E-mail: john.josefsson@bavariastockholm.se
www.bmw-ids.com